*This report covers **April 1st to June 30th, 2024**. Any releases and videos inadvertently overlooked before that time period, brought to my attention by fans, bands & others, are listed at the end of this report, along with End Notes.*



RECORDINGS

Hard Rock / Heavy Metal

3phase480 - "Arrival" (EP) [hard rock metal] Colonie

Anacortez - "Last to Know" (single) [hard rock metal] Cohoes

Between Now And Forever - "Dr. Redstone (feat. Anthony Anderson)" , "Head Gets Loud" (singles) [hard rock metal] Glens Falls

CARNWENNAN - "III" (single track) | "Lotus" [stoner doom metal] Albany

Dustin Bonz - "Dead N' Buried" (EP) [hard rock] Schenectady

Flatwounds - "Drain" (EP) [heavy grunge rock] Albany

Gozer - "Dust" (single) [hard rock stoner metal] Albany

Invoke Thy Wrath - "The Lost Village" (single) [black metal death-metal deathcore] Albany

Lock 9 - "Chosen" (single) [acid metal] Hudson Falls

Malefic - "The Second Coming" [blackened death metal] Albany

Same Old Rat - "Same Old Rat" [alternative heavy stoner rock] Albany

Sarah Orloff, DROIDGLOW - "Lights Out" (single) [metal] NYC/Johnstown

Shrimp Money - "Coffinated" | "Tiger Tail Tummy Torture" (single) [black death thrash metal grindcore hardcore electronic rap] Albany

Sons of Eden - "Appetite" (single) [grunge rock] Albany

The Antarctican - "Stolen Throne" (single) [heavy power metal] Albany

The Erotics - "Guns At Sundown" , "Destined To Damnation" (singles) [sleaze hard rock] Albany

The Phoenix & The Raven - "Behind Red Tape" | "Ditch (Demo)" (single) [metal] Albany

The Hard Luck Souls - "Hero" (single) [hard rock] Albany

Torpedo Lane - "For What It Is" (single) [alternative post punk hardcore] Albany

TYRANIZE - "Parasitic Sycophant" (single) [brutal death metal] Rensselaer

Yio D'Arcangelis & The New Lords of Chaos - "Set You Free" , "Now You're Gone" , "Unknown" , "F**k Off" , "Over Me" (singles) [alt metal hard rock] Fort Plain

Punk

Asa Morris - "trash (2024)" (EP) [lo-fi noise rock] Troy

Blasé DeBris - "Tv Tea and Thyme" (single) [punk] Schenectady

Cinnamon - "Demo 24" [hardcore punk] Albany

Escuela Grind - "Always Watching You" (single) [grindcore hardcore powerviolence] Pittsfield MA

G.o.L.e.M. - "Nucléosynthèse Stellaire" (single track EP) [alt psych garage rock] Albany

Halo Bite - "Love Lighter" , "All Saints Pay" (singles) | "Winner's Circle" [hardcore punk] Albany

Johnny and the Jizzmoppers - "Sticky-mess" (single track) [punk] Troy

Lex Naturalis - "Highest Ram Above" , "My Friend Justin" (singles) | "False Paradigms" (EP) [punk rock] Glens Falls

Nick Rossi - "Bent, Not Broken" (EP) [alt pop punk rock] Clifton Park

Trauma School Dropouts - "Commercial Free" (single) [punk rock] Albany

Wet Specimens - "Crime for Revenge" (single) [punk hardcore] Albany

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Rock

Art LaFleur - "So Am I (Feat. Shawna Dawn)" (single) [rock] Malta

Flavour - "Boogie Room Boogie/ Dreamside" (2-track single) [glam rock power pop] Troy

Four Dead Kings - "Four Dead Kings" [rock] Albany

Gracies Paris - "Never Say" (single) [hard rock] Albany

Haunted Cat - "Avalanche" [glam rock dance electronic punk] Albany

John Powhida - "Jerry's House" [power pop rock] Boston/Albany

Jupiter Queen - "Long Time" (single) [hard rock] Albany

Peter Annello - "More to Pay" , "Painkiller (feat. Carmen Costello)" (singles) [folk pop rock] Albany

Shadow Estate - "Ghost" (single) [classic rock prog] Albany

The Jagaloons - "Forbidden Words" [surf rock punk] Albany

Pop

Amanda Case - "Ruin the Moment" (single) [pop] Troy

Annie Scherer - "Mean Reds" (single) [alt s-s indie pop] Nashville/Voorheesville

Areli - "Never Let Go" , "Animal" (singles) [pop s-s] Albany

Caity Gallagher - "All a Dream" (single) [indie folk pop] Albany

David J - "Too Late (feat. Anella Herim)" (single) [country pop] Nashville/Rotterdam

Delaney Silvernell - "Made Like the Trees" (single) [indie pop] LA/Queensbury

Honeysuckle - "God(zilla)" (single) | "Band On The Run (Paul McCartney and Wings)" , "Everything Is Free (Gillian Welch)" , "Fire Truck (Andy Shauf)" (cover singles) [alt folk pop] Saratoga Springs

Lovella - "Outgrown" (EP) [folk pop s-s] Saratoga Springs

Luke Pascarella & The E-Block - "Katonah" (single) [pop] Albany

Maddy Hicks - "Don't Look At Me" (single) [pop singer-songwriter] Nashville/Burnt Hills

Pete Donnelly - "Invisible Arms" (single) [indie power pop rock] Katonah/Saratoga Springs

Shannon Tehya - "Tangled String" [folk pop] Cambridge

The Belle Curves - "Certainty - Live at 89 North" (cover single) [indie folk pop] Troy/LI

Underwater Cartographers - "Rhonda Santis Springtime Dancers" [artificial intelligence (a.i.) experimental alt dance pop] | "Rhonda Santis Summers In Sendai" [artificial intelligence (a.i.) experimental world r&b pop] Albany

Vince Palmeri - "Rent" (single) [pop] LA/Albany/Endwell

Zach Ronda - "Walls" (single) [alternative cinematic pop] Stillwater

Americana

Ace Parkhurst - "From Inside" [americana country folk pop] Albany

B.C. and the Wholesome Hucksters - "Wrong Side of Midnight" (single) [americana folk] Troy

Chris Pellnat - "In My Heart - ft. Catalus في قلبي" (single) [americana folk pop roots singer-songwriter] Hudson

Margo Macero - "The Chain (Live at Universal Preservation Hall)" (single) [roots rock acoustic] Glens Falls

mayheaven - "Songs From The Hive" [alt-country americana folk s-s] Troy

Nightmare River Band - "Last Goodbye 11" [alt-folk americana] Honolulu HI/NYC/Colonie

Shane Guerrette - "Whole Thing's Gonna Blow" , "Had I Known" (singles) | "Something To Hold" (EP) [indie roots rock r&b soul] Latham

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Stephen Clair - "Blue and Red Lines" (single) [alt-americana indie folk roots singer-songwriter] Beacon

The Insolent Willies - "Black Cats and a Blowtorch" [alt-americana alt-country folk roots rock] Johnstown

The Red Wagon - "Castle Undersea" [americana roots rock] Schoharie



Alexandra Higgins - "Canopy" , "The Storm" (singles) [s-s country americana] Mayfield

Asa Morris / Alicia Macier Van Scoy - "A Split E.P. for Juneteenth 2024" [s-s acoustic lo-fi] Troy

Becca Frame - "Surrender (Solo Acoustic)" (single) [s-s acoustic] Richmondville

Turnover Mule - "Rita & Roxanne" , "Positive Thoughts" (singles) | "Home" [alt americana country] Troy

Country / Bluegrass

Beth Zaje - "Save Me Tonight (ft. Chris Dukes)" (cover single) [pop country] Fonda

Big Sky Country - "Big Sky EP" | "Hitched" (single) [country pop rock] Mechanicville

Matt Cosgrove - "Whiskey Rain" (single) [country rock] Saratoga Springs

The North & South Dakotas - "Home Sweet Home" [alternative folk bluegrass] Saratoga Springs

Underwater Cartographers - "South Bound Rhonda Santis" [artificial intelligence (a.i.) experimental country rock] Albany

Folk / Traditional

Caffé Lena Folk Club Kids (Oona Grady, James Gascoyne, and Dan Berggren) - "Folk Club Kids Volume Two" [folk] Saratoga Springs

Cosby Gibson - "When Northern Lights Go By" (single) [s-s folk] Fultonville

Jim Connelly - "Muse" (single) , "Still 'Crying'" (cover single) [acoustic folk] Schenectady

michael eck - "fermata" [s-s folk] Albany

Zan & the Winter Folk - "New Morse Code" , "Stay Put" , "Whenever I Can" (singles) | "New Morse Code" [alternative folk] Troy

Singer-Songwriter

AGE of the BEAR, Cara Harbinger - "all that i can't lose" (single) | "whatever this is" (3-track EP) [s-s indie folk pop] Troy/Philadelphia

Cassandra Kubinski - "To Her" (single) [easy listening s-s] Saratoga Springs

Don Ferlazzo - "Summer Song" (single) [s-s alternative pop] Albany

Drew Jacobs - "Everybody Hates The Baby" (single) [comedy rock pop] Saratoga Springs

Elise Browell - "Sweet Gentle Love" (single) [indie folk singer-songwriter] Saratoga Springs

Elliott Woods - "Back Bay" (single) [indie folk pop] Schuylerville

Girl Blue - "To The Bone" (single) [s-s folk pop] Troy

Jacob Shipley - "Older" , "Kitchen Floor" (single tracks) [alternative folk rock] NYC/Troy

Josh Breden - "Gentleman's Chance (Vinyl Version)" (single) [acoustic blues folk singer-songwriter] Albany

Kieran Rhodes - "Song Within a Song (I Don't Really Wanna Know)" , "Saratoga 2017" (singles) [alternative s-s pop] Burnt Hills/Boston MA

Luke Pavlus - "Luke Pavlus" [s-s] Gloversville

Sean Madden - "Songs for Children (of all ages)" [singer-songwriter acoustic children's folk] Albany

Jazz / Improvisation

Bob Gluck - "Here & There (fifth take)" to "Something Happened" (single tracks) [piano jazz blues] Albany

Bright Dog Red - "Hegemonitized" | "Bad Magic" [experimental hip-hop electronica jazz psychedelia] Albany

Dylan Perrillo - "Quintet: Odd Shapes From My 20's" (2-track) [jazz] Albany

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Keith Pray - "Floating Between Space and Time" [soul-jazz funk moderne nu-jazz] Albany

Nolan Valero Trio - "4-1 Standards For Trio (demos)" (3-track single) [jazz] Clifton Park

Stefon Harris - "Sonic Creed Volume II: Life Signs" [contemporary jazz] Sayreville NJ/Albany



Instrumental – Experimental / Soundtrack / Beats

Ab The Audicrat - "Something You Would Like (Instrumentals)" [hip-hop rap beats] Albany

angelingus - "Tender is the Flesh" | "Annihilatrice de Famille" , "Discovery" (2-tracks) | "Dripping" (single track) [drone experimental industrial noise] Amsterdam

Armbruster - "4x800" (single track) | "Taps" [experimental acoustic ambient folk sound art spoken word] Troy

dave rice - "bigdoglittledog / tripod" , "grutch hop / blues for ed" (2-tracks) [solo acoustic fingerstyle guitar] Albany

HEADROOM / BURNT HILLS - "Open Magic System" [experimental drone noise] Albany

Kite Person - "Diamond Mine ('Effectively Wild' Theme)" (single track) [s-s podcast theme] Glens Falls

MithrilNova - "Project RyME Day 3 OST" [chiptune game soundtrack] Troy

Rambutan - "Circling the Sun" [experimental drone improvisation noise] Albany

Raw Land Sonic Refinery - "Subdued" [experimental drone improvisation noise] Schenectady

TOP BEAMIN - "Added Lane Radio: Vol. 1 Instrumental LP" [hip-hop house beats] Albany

The Static Dive - "Englewood" (single track) [alternative ambient downtempo] | "Cool Hand Bossa - Remix EP" (4-track) [lounge latin jazz trip-hop] Queensbury

The Villaineers - "the higher road" (single track) [indie psychedelia rock] Albany

Blues

Boot Calkins - "What you do to me" (single) [r&b blues rock] Troy

Misty Blues - "Silver Lining" [electric blues funk gospel soul] Williamstown MA

Classical / Ensemble

Jim Sande - "Peony" (single) [new age piano] Albany

Electronica

Fox Kraft - "Eksis" [electronic downtempo idm industrial synthwave darkwave] Schenectady

I Am Snow Angel - "Bizarre Love Triangle" (cover single) [electronica dreampop synthpop] NYC/Lake Placid

John Malmborg - "Layers, Vol. 2" | "Layers, Vol. 3" [electronic ambient experimental pop synthwave vaporwave] Albany/NYC

Lady Starlight - "Capricorn Rising" [electronic machine techno trance] Berlin/NYC/Schenectady

Optimus Chad - "Shrek 2 Step" , "Donkey Song (Are We There Yet?" (single tracks) [electronic punk chipthrash chiptune hardcore] Albany

Peeking Through The Noise - "What Will Not Decay?" (EP) [electronic duo goth indie lo-fi pop] Queensbury/Toronto

Portyl - "Would You Forgive Me (ft. Frye) - Portyl Remix" , "Labyrinth" , "Patterns" (singles) [instrumental chill electronica dance] Saratoga Springs

SKINPIG/Trail of Ghosts - "SKINPIG/Trail of Ghosts split EP" (4-track EP) [dark electro darkwave ebm lo-fi post-industrial] Amsterdam/Houston TX

Three of Legs - "The Thing in the Storm Drain" (single track) [alternative dream synth] Troy

Zovi - "MIMImimiMERiZED!" (single track) [electronic avant-garde cinematic cybergrind breakcore industrial hardcore] Albany/NYC/Troy

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Rich Ertelt & Blues Express - "When the Sun Goes Down" , "Dangerous" , "Everything is Wrong" , "Breakout" (singles) [modern blues] Albany

Rory Block - "Positively 4th Street" [folk blues] Princeton NJ/Chatham

R&B / Soul / Funk

Buggy Jive - "Hurry Up Please It's Time" (single) [alt hip-hop neo-soul pop rock] Albany

Jas - "Wyd?" , "Sticky" (singles) [r&b soul hip-hop rap] Albany

Jenny Marie - "What It Means To Me" (single) [alternative r&b soul pop] Saratoga Springs

Kendra McKinley - "Make Up" (single) [s-s r&b pop jazz neosoul rock] Catskill/San Francisco

Kory Alexander - "Espresso" , "Million Dollar Baby" (cover singles) [r&b soul pop] Albany

LACE - "Clear View" , "Stained Glass" (singles) [r&b soul pop] Albany

Mia Scirocco - "Shining Star" (cover single) [r&b soul jazz] Ballston Spa

Morgo - "U in Motion" (single) [contemporary r&b soul] Albany

Tiffanny Arroyo - "Killing Me Softly" (single) [R&B soul pop] Albany

Hip-Hop / Rap

97otis - "10 Years" , "Rabbit" , "What" , "New Stunts" , "Bury Me In Vale Demo" , "Red Button" , "If It Ever Drops" , "Water From Your Eyes" (singles) [hip-hop rap] Schenectady

Ab The Audicrat - "The Foundation" (single) [hip-hop rap beats] Albany

Aila Chiar (A I L A) - "Self Reflection: A Tainseld Mixtape" [hip-hop rap r&b] Troy

Alary_Creates - "Based on true events 2 remix" (single track) [hip-hop rap] Albany

B. Austin - "The Hit Factory" | "Push Thru Pain" (3-track single) [hip-hop rap] Ticonderoga

B. Chaps, Nbhd Nick - "My Lil Partner" (single) [hip-hop rap] Albany

BoNuS - "Dying Breed" [hip-hop rap] Schenectady

deonté - "our truth freestyle ft. aditi (prod. tantra)" , "crashout w/ vlame" (single tracks) [hip-hop rap] Albany

Hank Stacks - "500 Miles" (single) [hip-hop/rap] Troy

Johnny 2 Phones, Hunna G - "JOHNNY 2K" (EP) [hip-hop rap pop] Albany

Kory Alexander - "Set It Off" (single) | "Crop Top Summer" [r&b soul hip-hop rap] Albany

Nbhd Nick - "Paper Route" , "In My Element" , "What They Sayin'" , "Lights On" , "Excuse Me" (singles) [hip-hop rap] Albany

Sean Delaney - "DELANEY" [hip-hop rap r&b pop] Claverack Red Mills

Selli Paper - "Soft Spot" (single) [hip-hop rap] Troy

Shiloh the Messenger & Mundy - "Voodoo" (single) | "Concrete Rose Theory" [hip-hop rap] Saratoga Springs

Shyste - "Dawn of the Gawd" , "Will Listen" , "If You Really Want It" (singles) [hip-hop rap] Albany

SOO DO KOO - "CONCERNING BEHAVIOR" | "SORTING OUT UR LIFE" [hip-hop rap] Albany

SOO DO KOO x thxk_u - "THAT WE CAN'T CHANGE" [hip-hop rap] Albany

The Odd One - "Imaginary Enemy" [hip-hop rap] Albany

TOP BEAMIN - "YOU WOULD NEVER KNOW" (EP) | "INTERNATIONAL BEAM DAY" (EP) [hip-hop rap] Albany

Toshi - "Rawr XD (Prod. rimathugger)" , "Get Well Letter (Arabella)" (single tracks) [hip-hop rap] Amsterdam

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Gospel / Spiritual
Jim Sande, Denise Glover - "Tara" (single) [new age meditation] Albany

Alternative / Indie
10:01 - "Sun Daze" (single) [alternative pop] Averill Park

Amassed - "EPisode I" [indie art-rock pop] Albany

Another Michael - "Pick Me Up, Turn Me Upside Down" [lo-fi indie pop] Philly PA/Albany

Asa Morris - "trash (2024)" [acoustic lo-fi noise rock] | "rVIIIns (2024)" [acoustic rock lo-fi covers] | "Songs for Strangers and Friends, Vol. 5-7 (2024)" [acoustic rock lo-fi] Troy

Ben Seretan - "New Air" , "Bend" (single tracks) [indie rock drone] Climax

Benjamin Xavier Rowe (Spooky Hat) - "Song 1" , "Broccoli Rob" , "American Football Turning" (single tracks) [indie rock] Albany

Caramel Snow - "Raise Your Holy Rollers" to "Simple Lites" (single tracks) [shoegaze dreampop] Delmar

Cashlin - "Fucked Up" [avant-garde improv psychedelic lo-fi pop] Hudson Falls

Chris Caimano - "Breakfall" (single) | "Cuts and Measures (The Lost Ipecac Sessions)" [alternative rock pop] Albany

Cooper's Hawk - "Collide" (single) [indie lo-fi rock] Albany

E.R.I.E. - "Suburban Tranquility" [s-s alt rock pop] Albany

Finn Green - "Care Too Much" (EP) [alternative folk rock pop s-s] Albany/Chatham

Forensic Polaroids - "AI Girl" (single) [alternative pop rock] Cossayuna

Gay Tastee - "As Dense as a Dying Star" [indie rock] Albany

geoff gordon - "The County Law" (single) [trash pop rock] Albany

Great Mutations - "GIFTED KIDS" [indie folk rock] Troy

Half Waif - "Ephemeral Being" (EP) [indie electronic synth pop] Chatham/Williamstown MA

Headless Relatives - "Live Headless, Vol. 4" [indie dark folk rock] Troy

Jackie Lee McLean - "Carole" (single) [indie pop] Plattsburgh

Man Must Explore - "The Greatest Story I'll Never Read" (single) [alternative rock] Albany

Our Other Brother - "OOB live @ Green Wolf 2024-03-29" [alt-country rock] Schenectady

Passing Grade Band - "Blum" , "Before I Leave" (singles) [indie folk rock] Averill Park

Phantogram - "All A Mystery" (single) [alternative electro-pop] LA/Saratoga Springs

Powersiren - "Powersiren" (EP) [alternative electronic rock] Albany

Reckless Barb - "Different Shades of Tears" (single) [psychedelic rock] Cohoes

Rhoseway - "Summer Run" (single) [alternative rock] Albany

Safety Meeting - "DEVILS LETTUCE" [alternative garage rock] Saratoga Springs

Sara Devoe - "Sleep With Me" , "Cindy" (singles) [alt dream pop] Brooklyn/Albany

Service Industry - "please don't laugh at me" [alternative rock] Albany

She Speaks Watusi - "In Search of April" (single) [alt experimental acoustic electronic folk rock] Saratoga Springs

Sinking - "Split w/ Arms Like Roses" [alternative emo rock] Pittsfield MA

Stroma - "Michael" (3-track single) [alternative rock] Albany

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Underwater Cartographers - "Rhonda Santis" | "Simply - Rhonda Santis" | "Rhonda Santis Singing To the Clouds" [artificial intelligence (a.i.) experimental alternative indie rock] Albany

Weeeds - "She's Getting Lonely" (single) [garage psych surf rock] Copake Lake

Jam / Other

Daydream Fountain - "Not Afraid" (single) [psychedelic jam rock] Troy

Jed Davis - "Rise And Shine: Day 3" [all genre musical theater] Saratoga Springs/Syracuse

Timbre Coup - "Live 5.10.2024" [prog jam rock] Albany

The Eastern Highs - "Washington Park" (single) [roots alternative soul folk rock] Troy

Two Planets Away - "I Could Easily Dissolve" , "You Could Break My Heart" (singles) [rock r&b jazz pop fusion] Queensbury

Watch Reggie Run - "Mom Ate All My Ice Cream" , "Blowing Bubbles" (singles) [kids pop punk rock] Albany

Yestermorrow Redux - "Songs for Dogs" | "Yestermorrow Redux" | "Get You Some..." | "Flashback Sunday" (EP) [artificial intelligence (a.i.) experimental psychedelic american primitive classic rock] Albany

Collections / Compilations

Bryan Edwards

A prolific recordist, you'll find many songs, EP's and albums HERE and HERE. More info on the website

Lawrence White

This writer & photographer is also a singer-songwriter, with a bunch songs & videos available. Go see & hear his latest...

My Big Break -

Ben Seretan is ever climbing a never-ending aluminum ladder somewhere in Troy, NY to lop off a piece of heaven to bring to subscribers, right to their glowing little boxes. “My Big Break” is a project with audio and usually written content. Paid subscribers get everything & occasional other goodies, plus they keep the work going. Opting to be free subscribers still get a lot ~ HERE

VIDEOS

Alexandra Higgins - "Canopy"

Annie Scherer - "Mean Reds" (Official Visualizer)

Axe Iron Suns - "Night Out" Music Video

Bird Streets - "Go Free" OFFICIAL VIDEO

David J, Frawley - "After We Broke Up" (Official Music Video)

Dustin Bonz - "Another Day" (Official)

Emily DiPace - "North Star Music Video"

Escuela Grind - "Always Watching You" (Official Music Video)

Jackie Lee McLean - "Carole" [Official Music Video]

Jeff Brisbin - "If Love Comes But Once"

Justin Charles - "you" (official music video)

Kendra McKinley - "Make Up"

Maddy Hicks - "Don't Look At Me" (Lyric Video)

Peeking Through The Noise - "The Mind" (Official Video)
Peeking Through The Noise - "Lightsake" (Official Video)

Phantogram - "All A Mystery" [Official Visualizer]

Plush - "Find The Beautiful"

Sarah Orloff, DROIDGLOW - "Lights Out"

Sean Delaney - "Merika feat. Jamaal Marvel" (Official Music Video)
Sean Delaney - "Heart of A Lion" (Official Music Video)
Sean Delaney - "Makin A Movie" (Official Music Video)
Sean Delaney - "Da, Da, Da, Da, Da" (Official Music Video)
Sean Delaney - "Nobody" (Official Music Video)

Simon Rieffel Plays "The Can Opener Bridge" live at the BHBL Follies
Simon Elijah - "Can Opener Bridge" OFFICIAL MUSIC VIDEO

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The Grandstand Jockeys - "Gun" (Official Music Video)

The Hard Luck Souls - "Hero"

The Jagaloons - "Forbidden Words" (Official Video)

The Parlor - "Remember How" [Official Video]

Xkwisit - "The Foundation" (Produced By Ab The Audicrat)

Video – Collections / Series

More than a handful, but perhaps less than fifty. Click the links to view the latest batch of original songs (or clever covers) from the following bands and artists:

Paintbrush Charlie
Recorded live at The Hangar on the Hudson in Troy on April 13, 2024:
"Giving In"
"Rolling Rain"
"I Am"

The Bunker Recordings
Located in the Catskill mountains, Mike Dwyer's The Bunker Recordings offers production and mixing/mastering services. This series of videos of artists are shot in-studio. This quarter featured TJ Foster

Film / Documentary / TV

WMHT-TV AHA! A House for Arts
Season 9 Episode 18 - Creative Journeys Unveiled: Adrianna Newell, DJ TGIF & the enchanting melody of "Ivory Romance" by Sketches of Influence

Season 9 Episode 19 - Threads of Expression: Embroidery, Dance & Punk Rock with The Sugar Hold ("TV Screen" & "City Summer Nights")

Season 9 Episode 20 - Inspiring Creativity with Painting, Community Projects & Cowboy Poetry with soulful poets Mark Munzert and Ernie Sites ("Trailin' Back to Old Mexico", "Laid To Rest", "The Dude Horse Blues")

Season 9 Episode 21 - Art & Resilience: Rise Gallery, Rhonda Rosenheck & Cassandra Kubinski performs "This Is The Sound" & "The Phoenix" from her EP "The Saratoga Sessions."

Season 9 Episode 22 - Inspired Art: Cynthia Fisher, Prince Sprauve, and The Insolent Willies give a vibrant performance of roots-rock tunes "Prisoner of Hope" & "Black Cats And A Blowtorch"

Season 9 Episode 23 - Uncovering Forgotten Art: Photogravure and The Lovebugs inspired pop-art, and enjoy heartfelt performances of "Hindsight is 20/20", "The Phoenix", & "Fierce" from Cassandra Kubinski's EP, "The Saratoga Sessions."

Season 9 Episode 24 - The Art of Mastering Creative Passions plus a captivating performance from Opera Saratoga (Guys And Dolls - "My Time of Day / I've Never Been In Love Before"; Cosi Fan Tutte - "In Uomini, In Soldati" & "Smanie Implacabili")

Live / Concert (Virtual)

Caffè Lena
Showcasing live video and audio recordings from the Caffè Lena listening room. With several playlists available, there's a mix of national and local bands & artists showcased in live video and audio recordings. Highlights include selections from their archives, both historic and contemporary. For the most part they are free to watch, but viewers are encouraged to visit and contribute to support the artists and the Caffè.

Dorn Space
In beautiful downtown Gloversville, Dorn Space features family-friendly presentations of all kinds. Playlists include music, comedy, poetry & storytelling, and favorites.

Jive Hive Live
The Jive Hive is an intimate, state of the art, private space built for live recording and video livestream productions.
Recorded live streams available this quarter include Shiloh the Messenger and Mundy w/s/g Aila, Society High w/s/g Uncle Frank Says No, Oobleck, Duck n Du, ROUGE!, Willoughby Station, James Mullen & The Stranger

LIFT Concert Series - Troy Savings Bank Music Hall
Curated by Organ Colossal, these performances give the unique opportunity to sit on the historic Music Hall stage with the artists while they perform.

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The Lift Concert Series presents performances of new, independent music featuring regional performers, curated by local artists Sam Torres and Sophia Subbayya Vastek. The early 2024 season concluded with Rafiq Bhatia

LIVE from the Strand Theatre
The mission of Hudson River Music Hall Productions is to create community through music and the related arts, accomplished through the Strand Theatre. For upcoming events, visit the website. Explore past performances recorded by Upst8MusicFanZone Films.

Our Band Show
Coproduced by audio engineer Christian Evanko and live stream director Pat Huber, this is a community oriented, web-based visual music performance show. Playlists featured this quarter were:
Cenote
Phenomenon

Song City - Troy
Songs deserve a place to live, and why not in Troy? This intimate, multi-genre songwriter showcase was held in the round at The Ruck. Moved then to The Waiting Room on Franklin Alley. Details at WEBSITE and HERE

Previous Season 2 Shows:
Apr 9 2024 - *TJ Foster (E.R.I.E.), John Glenn (LiketheAstronaut), Kate McDonnell, Awan Rashad*
May 14 2024 - *Little Saints, Steve Hammond, Girl Love, Paul Spring*
Jun 11 2024 - *The Paper Prince, Steve Candlen, Barbie Barker, Alec Lewis*

PLAYLISTS:

Capital! ADK! Music!
Curated by Headless Relatives & currently with some 180+ songs, this older playlist has music from Capital Region bands.

Explore Albany
A playlist and shrine for bands local to Albany.

Nippertown
There is still a Nippertown Spotify playlist focused on the region's original music.

Song City - Troy
What's it all about? Scott Womer's showcase of local songwriters encompasses all genres and styles, as does the playlists. Find them HERE

We Are Albany NY
Playlist dedicated to Albany musicians and alumni.

PODCASTS / Vlogs:

Queens of the Blues with Gina Coleman
The Queens of the Blues podcast celebrates the prolific female blues music from the early 1920's to present times. Each episode explores the fertile landscape of female artists who were at the foundation of early recorded blues, and celebrates music created by female blues artists up to present times. Occasionally friends from varied creative backgrounds also share works of their most admired female blues artists and explain how they have influenced their artistry. Recent episodes:

"My Time Will Come" - *LaVern Baker*
"Long Tall Mama" - *Bernice Edwards*
"Whiskey Selling Woman" - *Lucille Bogan*
"Lonesome Woman Blues" - *Alice Moore*

"When A Woman" - *Female Fronted Power Couples*
"You'll Want My Love" - *Lucille Hegamin*
"Beale Street Mama" - *Esther Bigeou*
"Hello Little Boy" - *Jump Blues*
"I Can't Get Enough" - *Leola B. Wilson (aka Coot Grant)*

"One Hour Mama" - *The Hokum Style of Blues*
"Hula Blues" - *Lena Wilson*
"It's Red Hot" - *Madlyn Davis*
"Feelin' Blues" - *Daisy Martin*

The Marshall Arts
The Daily Gazette brings this podcast hosted by Rick Marshall, a local journalist who began at alternative newsweekly Metroland, then spent two decades covering arts and entertainment for MTV News and various other print and broadcast outlets before joining the Gazette. In each episode Rick has a conversation with a local artist about their work, their inspiration, and their thoughts on the future of the region and its artistic community.

The following episodes during this quarter were:
Erin Harkes: *Music, Comedy, and Hazy Bars*

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Frank Gillen: *Upstate Spider-Man is a Cosplay Hero*
Melody Often: *Green is Good for Schenectady Artist*
Bridget Punsalang: *Artistry in Ink at Bittersweet Blackbird*
Buggy Jive: *On Music, Lyrics, and Leaving the Basement*
Noelle Diamond: *Glitter, Glam, and the Artistry of Drag*



The Mistress Of None with Erin Harkes
Erin wanted to talk about all the different things she does, from music, comedy, event planning, being sober, and other stuff. Voilà! Her podcast "Mistress Of None."

Recent interviews of interesting folks in her funny and entertaining style:
#24 - SIRSY - Pt. 2
#25 - John Glenn of Like The Astronaut
#26 - Rick Marshall of The Daily Gazette interviews Erin
#27 - Erin interviews Rick Marshall of The Daily Gazette
#28 - Jess Marshall of Times Union
#29 - Jim Felter
#30 - No guest this time, Erin had a lot to say...
#31 - And, Erin had more to say...

unsigned518
Andy Scullin's podcast (found HERE too) dedicated to putting a spotlight on bands and musicians in the 518 area, with a regular episode and Weekend Spotlight each week; there's occasional special episodes.

This quarter featured:
>Special Episode - Buffalo vs Cap City Beat Battle
Episode 118 - Pearson Constantino
>Special Episode - The Weed Episode
Episode 119 - VinTri Hill
Episode 120 - TJ Foster of E.R.I.E.
Episode 121 - Glass Pony

Episode 122 - Scott Womer of Song City
Episode 123 - Jagaloons
>Special Episode - 2 Year Anniversary Special
Episode 124 - Black Tongue Reverend
Episode 125 - Lucas Garrett
Episode 126 - Jay Mullen
Episode 127 - Sons of Eden
Episode 128 - No Such Thing As Ghosts
Episode 129 - Cir Red

MISC / OTHER

518 Profiles
"So This 27-Year-Old walks into A Coffeehouse... How Caffe Lena and Sarah Craig Found Each Other" by Rona Mann

"Rick Bolton - The Heartbeat of Saratoga's Music Scene" by Lawrence White

Black Noise - Issue 27 April 2024
If you download a copy of this magazine featuring independent artists & creatives and alternative lifestyles, there's an article (p. 28) titled "Summoning Sound From The Void" with Albany sci-fi metal band Psychomanteum.

CanvasRebel
"Meet Scott Womer"
This online magazine's mission is to create a space for artists, creatives, and entrepreneurs to be able to learn from their peers through the magic and power of storytelling about a great range of topics. This "Stories & Insights" article is with the auteur of Song City-Troy.

Lost Radio Rounders
Acoustic American roots trio of Tom Lindsay, Michael Eck, and Paul Jossman play classic historic American music. They are presenting their many themed programs, including an exciting mix of American Roots classics, to audiences as far as they can travel. Be in the audience, and observe their videos HERE.

Paste
Another Michael Break Down Their New Album 'Pick Me Up, Turn Me Upside Down' Track By Track
By Matt Mitchell
In this online music feature, some of you may know that Capital District expats Michael Doherty and Nick Sebastiano are in the Philadelphia based band Another Michael.

The duo of Michael Doherty and Nick Sebastiano map out the inspirations, influences and ideas behind the 12 songs on the album - and right off the bat, the Latham Circle gets a shout out.

Seven Days
Soundbites: Burlington Record Plant On the Move
By Chris Farnsworth
Justin Crowther, owner and founder of Burlington Record Plant, speaks of the origins of Vermont's boutique pressing plant back in 2014. In July they pick

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up stakes and move south to Albany as the business has been purchased by Equal Vision Records, an independent label founded by punk musician Ray Cappo.

SUPER DARK Live Music
Videos of live music presented in the upstate, New York (518) area and beyond. A variety of sounds from local to touring artists. Mostly filmed in Albany, Saratoga Springs, Troy, and the surrounding areas.

The latest clips feature Extravision, Brule County Bad Boys, Flowers for Burial, Ice Queen, The Fever Haze, Choke Chain, Stroma, David Liebe Hart, The Let Downs, The Errorists, Gusto, Unintelligents, Her Head's On Fire, Architrave, Hexx Head, Weeping Icon, Protomartyr, Flavours Change All Day, Cicada, Zan & The Winter Folk, Dry Cleaning

TRAX
TRAX is a local music tv/video program, provided on LOOK Media Resource, an independently operated, local TV station. Dedicated to musicians in the Saratoga Springs and Glens Falls area, TRAX showcases artists in all disciplines of music playing original compositions.

From a series of performances with the Folklife Center at the Crandell Library:
- Trax April 20 featured 5j Barrow, April Verch, Barrule, Brillhart & Smith, Charm City Junction, David Burgess, Alex Smith & Dan Berggren
- Trax June 9 featured Dan Hubbs & Banjo Variant, Ari & Mia, Che Apalache, Copley Street & Owen Marshall, Cricket Blue, Daymark, Kitchen Ceili

Upst8MusicFan Films
Producing videos of local bands that perform in the Capital District, Upstate New York Area... a wide variety of music... something for everyone. These are videos from the fan perspective.

WEXT Radio - 518 Sessions
Live performances and conversations with Local 518 musicians. Each session highlights a different artist or band with brief interviews. Weekly airdates are Thursdays following *The Local 518 Show* & various other times.

This quarter includes *Sessions* with The Belle Curves (Delaney Hafener), Michael Eck, TJ Foster (E.R.I.E.), Sawyer Fredericks, Novus Cantus, Mike Grutka, Sean Rowe, Rhett Tyler, Amanda Case, The Insolent Willies, Buggy Jive, Troy Music Academy

WEXT Radio - Listen: On Demand
Catch new *On Demand* listening opportunities all gathered in one spot. 518 Sessions, along with Live@EXT and At Home sessions and various interviews, all land here as well as on their associated WEXT Radio program pages.

WEXT Radio - Local 518 Show
The Local 518 Show showcases original music from bands and musicians based in, or have strong ties to, the Capital District. Each show features an Attic Classic - a song/band from generally a decade or more ago. It's WEXT's original half hour show dedicated to new and significant music and honoring the roots of the Local 518's diverse music scene.

INADVERTANTLY OVERLOOKED – RECORDINGS
Note: Dates in {curly brackets} are pre-2024

Hard Rock / Heavy Metal
Jared Curtis - "COLLIDE" {2023} [hard rock] Glens Falls

Yio D'Arcangelis & The New Lords of Chaos - "No Tomorrow" , "What Goes Around Comes Around" (singles) [alt metal hard rock] Fort Plain

Punk
Bad Impressions - "Demo 2024" (EP) [hardcore punk rock] Albany

Cold Kiss - "Promo 2023" (2-track) {2023} [hardcore metal punk] Albany

Death Cult Pharmaceutical - "Reckless" , "Rights" (singles) | "Insane World" [punk] Lake George

Everybody That Loves You - "What if it Killed Me?" {2023} [punk] Albany

G.o.L.e.M. - "Sun Sucker" {2023} [alt psych garage rock] Albany

Mr. Cancelled - "Kiss My Parasitic Twin (demo)" (single track) [garage post punk] Saratoga Springs

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The Plisskens - "The Plisskens" [garage punk blues rock] Albany

Uncle Frank Says No - "Milking The Moment" [punk ska] Albany

Wrong Move - "2 Song Promo '23" (2-track) [hardcore] Albany

Pop

Areli - "Sing for You" (single) [pop s-s] Albany

Honeysuckle - "Be Good Or Be Gone (Fionn Regan)" , "Blues Run The Game (Jackson C. Frank)" , "Both Sides Now (Joni Mitchell)" (cover singles) [alt folk pop] Saratoga Springs

Justin Charles - "material girl" (single) | "DEATH BY A THOUSAND CUTS" (EP) [pop] Clifton Park

Lennox - "Cake" (single) | "Shut Up and Kiss Me" {2023} (single) [pop] Albany

The Alec Lewis Group - "Hive Vibes, Vol. 1" [contemporary funk classic rock pop] Albany

Americana

Billy & The Great Western Postal Service - "Water & Gin" {2023} [alt-country honky tonk] Albany

mayheaven - "Love (And Only Love)" (2-track single) [alternative americana alt-country] Troy

Rees Shad - "Don't Knock the Music" , "Rattlin' on the Tattlin' line" (singles) | "The Galahad Blues" [s-s americana blues] Great Barrington MA

Singer-Songwriter

Alexandra Higgins - "Dream a Little Dream" (cover single) [s-s pop folk] Mayfield

Daniel Conley - "Something's Coming" {2023} [s-s pop rock] Albany

Rick Sacchetti - "No One Soothes a Broken Heart the Way George Jones Can Do" (single) [s-s country] Schenectady

Jazz / Improvisation

Bob Gluck - "And Every Fleck of Russet" [piano jazz blues] Albany

Electronica

Lady Starlight - "Choose" (EP) [electronic machine techno trance] Berlin/NYC/Schenectady

Instrumental – Experimental / Soundtrack / Beats

Ben Seretan - "jesus was a slot machine (my big break 2023)" [indie rock drone] Climax

dave rice - "unorganized territory" (2-track) , "part & parcel" (2-track) [solo acoustic fingerstyle guitar] Albany

Rambutan - "Fog of Growing Clarity" {2023} [experimental electronic drone noise improv] Albany

Russel the Leaf - "Expressionate" {2023} [soundtrack] Troy

Seven Count - "Rags and Sparkle" {2023} [electronic experimental ambient improvisation jazz] Troy

Blues

Albert Cummings - "Strong" [electric blues] Williamstown MA

Mountain Gators Band - "Lemmings" {2023} [roots rock blues] Glens Falls

R&B / Soul / Funk

LACE - "Slow Down" , "Bestie" , "The City" , "Forever In Romance" (singles) {2023} [r&b soul pop] Albany

Hip-Hop / Rap

Alary_Creates - "Star Gazing" (single track) {2023} [hip-hop rap] Albany

B. Austin - "The Man the Myth, Vol. 1" {2023} [hip-hop rap] Ticonderoga

Toshi - "-noplugsafe" {2023} [hip-hop rap] Amsterdam

Wavy Cunningham - "Volume 2" [hip-hop rap] Albany

Alternative / Indie

Jackie Lee McLean - "All Mine Now" (single) [indie pop rock] Plattsburgh

Yort - "We Make It Here!" {2023} | "Yorts and All 2: Yort Harder" | "Rubber 'Stache" (single) [alternative indie psychedelic rock jam] Troy

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Jam / Other
Two Planets Away - "Flakes and Ghosts" (single) {2023} , "Glass" (single) {2023} [rock r&b jazz pop fusion] Queensbury

Watch Reggie Run - "I Think I Saw a Leprechaun" (single) [kids pop punk rock] Albany

Previous Season Shows:
Jan 9 2024 - *Age of the Bear, Adam Tinkle, Architrave, Deb Cavanaugh*
Feb 13 2024 - *Girl Blue, Dylan Perrillo, Sara Milonovich, Joseph Beaty*

Mar 12 2024 - *Kaylee Boerner (LadyByrd), Matt Griffin, Amanda Case, Mike O'Donnell (Motorbike)*

VIDEOS

Art LaFleur - "Naked Time" (Official Lyric Video)

Dustin Bonz - "Last Dance Tonight" (Official Video)

Jackie Lee McLean - "All Mine Now" [Official Music Video]

Jas ft. 'ZAY - "Do It Right (Remix)" (Official Video)

Justin Charles - "party without me" (official music video) {2023}

Film / Documentary / TV

'Expressionate' - A Film from Russel the Leaf {2023}
Premiering on November 17 2023, Records from Russ presented thier first film 'Expressionate.' Recorded & filmed on a scheduled, yet unrehearsed, day at Russtudios in Troy, 'Expressionate' is a meeting of the minds both visually and musically.

All the music was written the day of by the group, which featured Connor Armbruster - Electric Violin; Josh Marré - Electric Guitar & Dulcimer; Evan M. Marré - Synthesizers, Percussion & Vocals; and Sam Torres - Alto Saxophone

WMHT-TV AHA! A House for Arts
Season 9 Episode 17 - Watercolor Wonders, Fashion Transformations, Gospel Inspirations with the uplifting melodies of The Heavenly Echoes Gospel Band with "Testify"

Live / Concert (Virtual)

Song City - Troy
Songs deserve a place to live, and why not in Troy? This intimate, multi-genre songwriter showcase was held in the round at The Ruck. Details at WEBSITE and HERE

# # #

End Note
There is an amazing amount of original music recorded and videos produced by Capital Region musicians, bands, and artists every year. This is not an exhaustive list, but it does show the breadth and depth of our local creatives. If you know of a release or video you loved but was inadvertently overlooked, let me know. You can reach me at **apgregory65 at gmail dot com**

If you or your band have an upcoming release planned, please visit The Local 518 Show for airplay submission guidelines.

Since 2012, it has been an eye-opening experience putting these quarterly reports together for the fans, supporters, and most importantly the creators of original music in the Capital District (and just a bit beyond).

Since its inception in 2018, the Capital Region Thomas Edison Music Awards ("The Eddies") have used the reports as one of the overall reference materials for category nominations, and specifically for Record, Album, & Music Video of the Year categories.

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