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Uncuffed My Mixtape: Stomp!

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[00:00:00] **Ivy:** Hey, hey, this is Anthony Stick Talk Ivy, a producer at Solano State Prison. And it's time for the Uncuffed My Mixtape.

[00:00:15] **Montage:** Uncuffed. Uncuffed. Uncuffed. Uncuffed. My mixtape. My mixtape. My mixtape. My mixtape.

[00:00:24] **Ivy:** Today we're going to hear from my man Jaycologist, a. k. a. Jay Evans, about one of his favorite songs. Let's press play on that thing.

[00:00:37] **Jay:** My name is Walter Evans, and my mixtape is Stomp!, by The Brothers Johnson.

My dedication is to my sister, Letitia Renee Evans, may you rest in peace. My appreciation to Annie's Angels, and especially Brenda Joyce Evans, and all the granddaughters, great [00:01:00] granddaughters of Annie Singleton.

Anybody that has been in prison as long as I have, this is the 29th year for me. 29 years consecutive. Nobody could do it without a team. So, therefore, whatever family and friends that any of us have while we're in this place, we have to feel extremely blessed and grateful for all that they do. Because I have so much of a dependability on them to help me out in those moments where I feel low, or if I, you know, feel tired, they're always there to keep me motivated.

And then, what do I have to do in the moments when I feel groggy and like, oh, I don't want to do this today, but I have to grab the headphones, push play on the CD player, you know, and, and, and go through this mixed CD that I have, and we open it up with, with Stomp. And the [00:02:00] goal is always, let's take it to the top.

I listen to this song right here every single day. When I wake up at 4:30 in the morning. Wake up, wash my face, and brush my grill. I had the headphones on, and this is a song that's at the beginning of the mixed CD.

I first heard this song when I was like six years old. And me listen to the song then was being around my mother. And my Aunt Peg. And my Aunt Peg more than anybody, she just like me in a sense, well I'm just like her, in a sense, so she's one of the funny people, so, it's always was her thing, was let me see if I can get these kids to dance. And as I look back at it now, I don't think she just really wanted to see us dance.[00:03:00]

She knew that was a way to get us tired out.

Me taking it to the top means freedom. And the necessity of this song is, of course, when I get it out there, you know, hopefully I'm able to get back out there again and taking it to the top. And the way I connect that to what I'm going through now or what I will hopefully experience then is, man, I gotta bring back those dance moves from the time when I was a six year old boy.[00:04:00]

[00:04:02] **Ivy:** You just heard Uncuffed producer jay Evans talk about the song Stomp! by The Brothers Johnson. To listen to more mixtapes, check out our website: weareuncuffed dot org. Or you can subscribe to Uncuffed in any podcast player. Thanks to the team at KALW Public Radio: Ninna Gaensler-Debs. Angela, Johnston, Sonia Paul, Kathy Novak, Eli Wirtschafter, James Rowlands, and our sound designer, Eric "Maserati-E" abercrombie.

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Tune in next week for a brand new episode of Uncuffed.[00:05:00]