

Category: Well-being
Level: Elementary (K-4)
Area of Focus: Being Present: Active vs Passive Screen Time
Materials Needed: Link below

Big Idea (What should students remember after the lesson?):

- Not all screen time is created equal, topic focuses on intentional usage versus boredom and finding value in screen time. Provide examples of using screen time to create content, not just consume
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Mini-Lesson/Content:

- https://www.commonsense.org/education/digital-citizenship/lesson/my-media-choices

[Common Sense lessons require a login to access it. The account is free, you can use your Google Suite account or create your own free account.]